



## JOIN OUR UPCOMING VIRTUAL EDUCATION EVENTS

**- ACCME & NAB credits will be offered -**

In recognition of **Mental Health Awareness Month**, we're excited to offer a dynamic lineup of educational webinars designed to expand your knowledge and empower you to enhance support for your residents' behavioral health needs. Each session provides practical strategies, expert insights, and continuing education credits.

**Save the Date!** Don't miss our live virtual webinar on May 15, where the COE-NF team will present how to successfully incorporate a Behavioral Health Ambassador program in your facility.

**Don't miss out - Register today!**

### Question, Persuade, Refer (QPR)

#### **Suicide Prevention Training** **Registration is limited.**

**Tuesday, May 6, 2025**

**2-3:30 p.m. ET**

**1.5 ACCME & 1.5 NAB credits will be offered.**

QPR training will offer strategies to support your work in providing suicide prevention and mental wellness to your residents. This 1.5-hour evidence-based instructor-led training is held virtually and will provide a comprehensive review of a three-step approach anyone can learn to help save a life from suicide. This session will provide a one-year certification to attendees.

#### **Key components covered in the training:**

- How to Question, Persuade and Refer someone who may be suicidal.
- How to get help for yourself or learn more about preventing suicide.
- The common causes of suicidal behavior.
- The warning signs of suicide.
- How to get help for someone in crisis.

[Register HERE](#)

## Mental Health 101, Suicide Prevention & De-Escalation Strategies

**Tuesday, May 13, 2025**

**2-3 p.m. ET**

**1.0 ACCME & 1.0 NAB credits will be offered.**

This session is an introductory training to help identify, understand, and respond to signs of mental health disorders. Join us as we address some of the common causes contributing to the onset or exacerbation of mental health symptoms among nursing home residents and share common warning signs and practical strategies on how staff can support improving resident mental wellness. Participants will also gain helpful strategies for suicide prevention and de-escalation techniques.

### **Learning Objectives:**

- Define and discuss common mental health disorders in nursing facilities.
- Discuss causes contributing to the onset or exacerbation of symptoms.
- Provide awareness of suicide prevention and helpful strategies to assist residents.
- Identify helpful de-escalation strategies nursing home staff can use to support residents with mental health conditions.

[Register HERE](#)

## Implementing a Behavioral Health Ambassador Program

**Thursday, May 15, 2025**

**2-2:45 p.m. ET**

**0.75 ACCME & 0.75 NAB credits will be offered.**

Mental health and substance use disorders are becoming increasingly common in nursing facility populations, highlighting the urgent need for staff who are equipped to recognize and respond to these challenges. One effective solution may be to establish a Behavioral Health Ambassador program.

Behavioral health ambassadors play a key role in advancing mental health initiatives

and fostering a supportive environment within nursing facilities. This webinar will walk you through the steps to successfully launch and sustain a Behavioral Health Ambassador program at your facility. By doing so, you'll empower your team with the skills and knowledge needed to address behavioral health concerns and drive positive, lasting change.

**Learning Objectives:**

- Define the role and value of a behavioral health ambassador.
- Identify key steps for program development and implementation.
- Develop a foundational and ongoing behavioral health education plan.

[Register HERE](#)

## An Introduction to Trauma-Informed Care

**Wednesday, May 21, 2025**

**2-3 p.m. ET**

**1.0 ACCME & 1.0 NAB credits will be offered.**

In this informative training, nursing facility staff will explore the principles of trauma-informed care and learn techniques for creating a safe environment where both residents and staff can thrive.

**Learning Objectives:**

- Define trauma and trauma-informed care.
- What happens to the traumatized body, and why trauma behavior is misunderstood.
- The basic concepts of trauma-informed care.

[Register HERE](#)

## Understanding Co-Occurring Disorders: A Brief Overview

**Thursday, May 22, 2025**

**2-2:30 p.m. ET**

**0.5 ACCME & 0.5 NAB credits will be offered.**

This presentation focuses on the unique challenges and considerations associated with co-occurring disorders (medical/physical illness and/or mental health or substance use disorders) in nursing facility residents. It explores the intersection of mental health disorders and substance use issues.

**Learning Objectives:**

- Define substance use misuse, use, and co-occurring disorders.
- Explore prevalence and trends in co-occurring disorders among nursing facility residents.
- Understand risk factors and common presentations of co-occurring disorders in nursing facility residents.

[\*\*Register HERE\*\*](#)

## Question, Persuade, Refer (QPR)

### **Suicide Prevention Training**

**Registration is limited.**

**Wednesday, May 28, 2025**

**2-3:30 p.m. ET**

**1.5 ACCME & 1.5 NAB credits will be offered.**

QPR training will offer strategies to support your work in providing suicide prevention and mental wellness to your residents. This 1.5-hour evidence-based instructor-led training is held virtually and will provide a comprehensive review of a three-step approach anyone can learn to help save a life from suicide. This session will provide a one-year certification to attendees.

**Key components covered in the training:**

- How to Question, Persuade and Refer someone who may be suicidal.
- How to get help for yourself or learn more about preventing suicide.
- The common causes of suicidal behavior.
- The warning signs of suicide.
- How to get help for someone in crisis.

[\*\*Register HERE\*\*](#)

# Mental Health First Aid (MHFA)

**Registration is limited. Only register if you can attend.**

**Friday, May 30, 2025**

**11 a.m.-4:30 p.m. ET**

**7.75 NAB credits and 5.5 ACCME credits will be offered after completing the live training.**

Mental Health First Aid (MHFA) training provides skills to engage and provide initial help and support to someone developing a mental health or substance use challenge or experiencing a crisis.

This session provides a MHFA certification for three years.

The training covers:

- Common signs and symptoms of mental health and substance use challenges.
- How to interact with a person in crisis.
- How to connect a person with help.
- Expanded content on trauma, substance use and self-care.

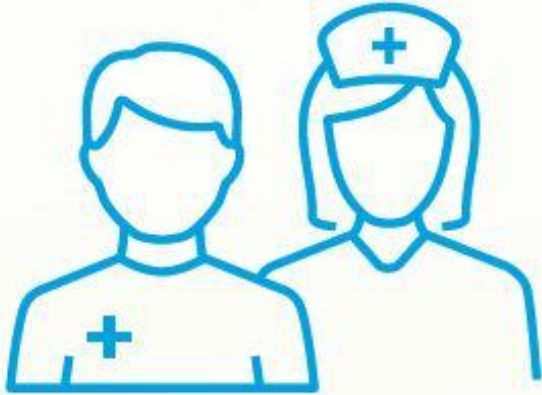
The training is divided into three parts:

Part 1 starts AFTER initial registration has been APPROVED by the instructor. Approved registrants will be emailed instructions on how to create an online profile using MHFA Connect and complete a pre-survey/quiz followed by a two-hour self-paced online course. Registrants MUST complete Part 1 no less than 48 hours (two business days) prior to the scheduled Part 2 session.

Part 2 is a 5.5-hour live instructor-led virtual training. Participants are required to be on camera the entire time.

Part 3 participants will return to MHFA Connect to complete the post-test and evaluation, which is required to receive a certificate of participation.

**[Register HERE](#)**



**AUDIENCE:**  
All nursing  
facility staff.

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**Contact us:**

For more information, please call **1-844-314-1433** or email [coeinfo@allianthealth.org](mailto:coeinfo@allianthealth.org).

[Request Support](#) to inquire about substance use and/or mental health training options for your facility.

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Alliant Health Solutions (AHS) was awarded a three-year cooperative agreement from the [Substance Abuse and Mental Health Services Administration \(SAMHSA\)](#), in collaboration with the Centers for Medicare & Medicaid Services (CMS), to create a COE-NF. AHS has over 50 years of experience working with nursing homes and behavioral health in nursing homes.

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