



Study to Determine Minimum Staffing Requirements for Nursing Homes



On-site Visits to Nursing Homes

The purpose of the site visits is to understand challenges you face each day related to staffing.

Abt associates will be on site for two days at select nursing homes in different geographic areas

During the site visits, Abt staff will interview leadership, direct care staff, and residents and/or their families/caregivers when feasible, and will administer a brief survey to direct care staff.

The interviews will be 15-30 minutes, accommodating for staff schedules

The Abt site visit teams will not be on-site in any survey capacity and will not be monitoring nursing home staffing or performance while on site.

WHEN will site visits be conducted?

Site visits will be conducted between August and October 2022.

WHY your participation matters...

Being involved in research that will impact nursing home policy ensures that **your voice is heard**.

Abt wants to understand the challenges nursing home providers face with staffing, as well as their perspectives on a federal minimum staffing requirement.



White House Announces Nursing Home Reforms

In February 2022, the White House announced a set of reforms to improve the safety and quality of nursing home care. These reforms include that every nursing home provides:

"a sufficient number of staff who are adequately trained to provide high-quality care."

The Centers for Medicare & Medicaid (CMS) intends to propose minimum standards for staffing adequacy that nursing homes must meet.

As a part of efforts to develop minimum staffing requirements, CMS has contracted with Abt Associates, an independent research organization, to conduct a staffing study to inform CMS rulemaking efforts. This study uses a robust, mixed method design, and includes analyses of staffing and quality data, interview and survey data, as well as cost information.

In addition to the site visits with nursing home staff, other study tasks include:

- A robust and comprehensive review of literature on the provision of safe, quality care to nursing home residents
- A rigorous set of quantitative analyses that examine the relationship between staffing and quality
- Input from stakeholders to inform development of staffing requirements
- An examination of the costs associated with a minimum staffing requirement

Site visit participation is strongly encouraged by CMS.

Please reach out to your State Agency with specific concerns about participation in the site visits.