

**Building Bridges Mental Health and IDD ECHO: Empowering
DSPs Through Strategies for Adults
The Ohio State University | Nisonger Center**



**THE OHIO STATE
UNIVERSITY**
NISONGER CENTER

**Join the Building Bridges
DSP ECHO!**

**April 28th, 2025 - June 9th, 2025
Monday (weekly) from 12:00pm - 1:00pm EST**

The purpose of this ECHO is to provide competent training to Direct Support Professionals in the state of Ohio who would work with individuals with ID/DD and MHD to improve cross-system collaboration and improve service for adults with ID/DD and MHD.

Who should attend: Direct Support Professionals

Location: Zoom

Cost: FREE!

April 28th: The Individual, DSP and Team Connection

May 5th: Anxiety in IDD

May 12th: Trauma Informed Approach to Mental Health and IDD

May 19th: Crisis Planning and Prevention

June 2nd: Selfcare and Mental Health of DSPs after a crisis

June 9th: Supported Decision Making in Everyday Life

****CEUs available****

DODD

DODD Competency Add-On

Register for the Building Bridges ECHO