

## **Additional Considerations when Completing the Self-Administration Assessment**

As you complete the assessment, please keep the below information in mind. Please also review the prompts on the assessment. The approach to the assessment should be trauma informed and person-centered. Every effort should be made to assure the individual feels comfortable, calm, unhurried, and unthreatened by the assessment process. The assessment should never be applied like a quiz or a test. The person being assessed may not be able to state medical terminology but relaying content/intent in their own words or phrases is sufficient.

### **Question One:**

The individual does not need to be able to spell or verbalize the name of the medication. They can use their own words or descriptions. They can utilize other people or pharmacy information (pictures, description) for assistance or confirmation.

### **Question Two:**

The individual does not have to know the dosage of medication (i.e., 500mg). They need to know how much medication to take based on how the medication is provided (pills, creams, drops, sprays). They would recognize if the medications were not correct in the dispensing system that is used.

### **Question Three:**

The individual should never run out of medication. Is the individual aware of the need for a refill? Are reminder alerts provided when a refill should be needed or when a new script may be needed? Is there a system that provides for medications to be routinely delivered to the individuals home in the packaging that is needed (bottle, punch card, medication dispensing system)? Does the individual have technology that is utilized for refills?

### **Question Four:**

The individual should know what time the medication should be taken and consume or apply it at about the same time every day. They may use a reminder system (such as technology or alarms). The time may be associated with an activity, but that activity should not have the chance to vary (such as a television schedule).

### **Question Five:**

Can the individual get the medication to and from storage? Can they remove the medication from the container? (pill bottle, punch card, tube of medication, eye or ear drop bottle, nose spray, or medication dispensing device). Can they successfully consume or apply the medication?