

Facility Name: The Group Home

Individual Name: Ann Smith

Living Unit (if applicable): Cottage A

Completed By: Sharon Brown

Date: 3/15/22

Important Things to know about the individual (likes/dislikes/routine, etc.) – Ann is very sociable. She enjoys watching musicals. She will often spend time in her room with her music on. She is very shy at first, but will warm up to you after a couple of hours. She likes to wear her favorite red and green t-shirt with a camper on the front. She does not like for anyone to approach her from behind. Her mom will call her a few times a week and Ann will take the portable phone to her room for privacy. She is afraid of cats, even pictures of them in books or on TV. She is verbal, but will often perseverate on certain words when feeling anxious.

- 1. Behavior Supports:** (Describe any pertinent information about the individual's behaviors): **Ann has a formal plan to redirect her to get her headphones and music when she is self-injurious. Self-injurious behavior that requires redirection is when she exhibits skin picking. This will lead to open sores that in the past, have resulted in infections and necessitated antibiotic treatment. She will also perseverate on words and though this can be frustrating, it is not addressed through a formal behavioral intervention as it does not pose a risk to herself or others. Usually when she perseverates it means that she wants that object or person or something associated with the word that she repeats. The best course of action is to engage her in getting that object, talking about that object or person, or asking her to show you what she wants.**
- 2. Medical/Healthcare:** (Describe any diagnoses of significant concern, allergies, specific treatments, side effects, system of medication administration, etc.) **Ann has numerous diagnosis which are appropriately managed with medication and regular health care. She was recently diagnosed with macular degeneration which affects her spatial perceptions, she will sometimes bump in to furniture or the wall and needs to be offered a hand when going up/down steps. She is allergic to strawberries, but does not require an Epi-Pen as her reactions are minimal. Nursing may follow doctor's orders and administer Benadryl per guidelines.**
- 3. Supervision Levels:** (Describe the supervision level required to ensure health and safety) **Ann is independent in the home, though she does sometimes bump in to furniture/walls, she has not suffered any injuries and does not require increased supervision for this. She does require supervision when going up and down steps outside of the home and staff should offer her a hand when navigating stairs. In the community, Ann should be within visual eye sight at all times in case she encounters stairs or other uneven surfaces that might cause a problem due to her macular degeneration.**

4. **Personal Care:** (Describe any pertinent information regarding personal care, including personal care, incontinence care, etc.) **Ann requires assistance with setting water temperature when taking a bath. Staff need to be in the bathroom with her to offer assistance with getting in/out of the bathtub due to her macular degeneration. Grab bars have been installed to help her maintain as much independence as possible and she may reject your offer of assistance and chose to use the grab bars. She is independent in bathing, but needs help with rinsing her hair after shampooing. She wears dentures and needs verbal prompts to put them in and take them out to be placed in cleaner. She is independent in toileting and does not need staff to be in the bathroom with her when she is toileting. She is independent in dressing though may need a reminder to wear clothing appropriate to the weather (coat in winter months).**
5. **Dietary:** (Describe any issues with meals, special dietary restrictions, allergies, food consistency, choking risks, etc.) **Ann eats a diet of regular consistency. She has no dietary restrictions. She does chew with her mouth open and staff should remind her to close her mouth when chewing. She does not have a history of choking. She does have a texture intolerance for items with a pudding consistency such as pudding, applesauce, custard, etc. so she will not eat those items. She prefers her sandwiches to be cut in two and can do so using a regular table knife.**
6. **Friends/Family** (Describe pertinent information related to family/friends) **Ann's family is very important to her. She likes to look through her photo albums of family pictures. When she wants to see or talk to a family member, she will perseverate on their name. You can offer her photo albums or to try to call her family when she does this. Mom calls several times a week. She goes home with family most holidays and goes on vacation with them for 2 weeks each summer. Ann attends church each Saturday and is picked up by the church van which transports her to/from church where she meets her Mom and Dad for services.**
7. **Mobility/Adaptive Equipment** (Describe use of adaptive equipment, safety equipment, history of falls, etc.) **Ann will bump into furniture and walls due to macular degeneration. This has not caused any significant injuries so does not require any particular intervention other than reminders to watch out for the chair, etc. She does struggle navigating stairs and should be offered assistance when going up/down steps.**
8. **Employment/Active Treatment/Transportation:** (Describe what the person does during the day) **Ann attends day services outside of the home Monday – Friday. The van from the day service program picks her up at 8:15 am. She gets up around 7am to eat breakfast and prepare for the day. She likes to pack her lunch the night before. She enjoys working and is very proud of her job at day program where she makes aprons.**