# **OHIO HEALTH CARE ASSOCIATION**

# QUICK REFERENCE SHEET

## **FACILITY VISITATION**

State and federal visitation requirements can be confusing for providers, agency staff, facility residents, and families. Please find below a helpful reference document for visitation guidelines applicable to Ohio residential care facilities/assisted living communities (ALs) and skilled nursing facilities (SNFs). You will find additional information on compassionate care situations after the general requirements.

- Screening Requirements- Visitors must be screened before visiting a resident. A log must be maintained of each visitor including their name, telephone number, and address. Screening includes:
  - Questionnaire on COVID-19 exposure
  - Screening assessment for cough, shortness of breath, and temperature of 100.0 degrees or higher
  - o Identification check (federal, state or other satisfactory forms)
  - Testing of visitors is not required, but it is encouraged
- All Visitation Requirements- There must be enough space to ensure social distancing requirements are met for multiple visitors or concurrent resident visits. Only 2 visitors per resident are permitted at a time for 30-minute periods, beginning when the resident and visitor are reunited. Additionally, visitors must adhere to the following requirements:

 Surgical/procedure facemasks supplied by the facility must be worn by visitors and should be worn by the resident if possible

- o Visitors must schedule their visit ahead of time
- **Outdoor Visitation-** A facility may facilitate indoor and outdoor visitation concurrently. Contingency plans should be made to address adverse weather conditions.
- Indoor Visitation- Visitors must be escorted to a designated visitation area by facility staff and may not go to other areas. Restroom use as well as entrance and exit protocols are designated by the facility.
- Visitation Restrictions- The extent to which facilities may restrict (not allow) visitation differ depending on the type of facility.

- Under CMS guidelines, SNFs may restrict visitation only if there was COVID-19 in the facility within the past 14 days or the facility is located in a CMS red county.
- ALs have more discretion to restrict visitation under the ODH order based on consideration of various factors such as COVID-19 levels in the facility and community, staffing levels, and access to testing.
- Visitation information for each SNF and AL should be available to the public via a state dashboard October 19, 2020.

## **COMPASSIONATE CARE SITUATIONS**

SNFs and ALs must allow compassionate care visits. While end-of-life situations have been used as examples of compassionate care situations, the term "compassionate care situations" does not exclusively refer to end-of-life situations. Examples of other types of compassionate care situations include, but are not limited to:

- A resident, who was living with their family before recently being admitted to the facility, is struggling with the change in environment and lack of physical family support.
- A resident who is grieving after a friend or family member recently passed away.
- A resident who needs cueing and encouragement with eating or drinking, previously provided by family and/or caregiver(s), is experiencing weight loss or dehydration.
- A resident, who used to talk and interact with others, is experiencing emotional distress, seldom speaking, or crying more frequently (when the resident had rarely cried in the past).

### **REQUIREMENTS FOR COMPASSIONATE CARE VISITS:**

- The general requirements for visits also apply to compassionate care visits, including masking, social distancing, and escorting the visitor, except accommodations can be made for physical contact with the resident.
- Facilities should establish procedures for compassionate care visits in a personcentered way.
- Compassionate care visits should only be conducted in COVID-19-free areas of the facility, but can be done in a resident's room.
- These visits are not meant to be conducted on a routine basis.

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• Anyone who can meet the resident's needs, such as family members, clergy, or spiritual support will be permitted during compassionate care visits.

# HOME HEALTH AND HOSPICE TESTING CONSIDERATIONS

### **ASSITED LIVING**

- Home Health and hospice staff are not considered staff, but the Ohio Department of Aging strongly recommends testing agency personnel who enter the facility regularly.
- Testing occurs bi-weekly and can be state-supported, if the facility choses that option. They may request insurance information from your staff if they test them.
- Agency staff may present antigen or PCR test results from an outside laboratory. Antibody tests are not acceptable.

### SKILLED NURSING

- Hospice staff are included in the definition of staff for the CMS testing requirements.
- Testing cadence is determined by the county positivity rate designation
  - o CMS green county- once a month
  - o CMS yellow county- once a week
  - o CMS red county- twice a week
- Ohio also requires testing once a week in SNFs located in the CMS green counties that are red or purple per the Ohio Public Health Advisory System.
- Outbreak testing of all residents and staff will occur immediately after a positive test is found and then every 3-7 days until 14 days pass without a positive test.
- Agency staff must present results on their next visit if they are not at the facility when they test their employees.
- Agency staff may present antigen or PCR test results from an outside laboratory. Antibody tests are not acceptable.

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## REFERENCES

- Fifth Amended Director's Order on Nursing Home Visitation
- o QSO-20-38-NH LTC Facility Testing Requirements
- o <u>QSO-20-39-NH Nursing Home Visitation</u>