

## COVID-19 Risk/Benefit Discussion Guide for Activities Outside the Home or Facility

This guide should be used within the person-centered planning process to assist team members with understanding and considering risks and benefits specific to activities outside the home or facility that include, but not limited to, work, school, day programs, visits with families or friends, or other activities in the community. The decision to have support staff accompany a person on activities outside their home or facility, such as a family visit or trip, should be determined by the team.

This guide should not be used to qualify or exclude a person from any activity outside the home or facility. The purpose of the guide is for the person and their team to make informed choices. Please consult with the person's primary healthcare providers for more individual specific health considerations.

In addition to this guide, [Trusting the Team Process](#) offers recommendations for teams that are engaging in these discussions that include resources, scenarios, as well as team considerations and resolutions to explore.

**Name of Person:** \_\_\_\_\_

<b>Situational Risks</b>	<b>Check if Present</b>
The person is not able to follow the social distancing protocol with 6 feet of distance with minimal prompting/assistance	
The person is not able to use PPE for extended periods of time with minimal prompting/assistance	
The person has HPC or other paid support personnel at home	
The person requires physical prompting/assistance to complete ADLs, such as toileting, eating, or mobility. (Requires close contact with DSP)	

<b>Health-Related Risks</b>	<b>Check if Present</b>
The person has diabetes	
The person is severely obese	
The person is 65 years old	
The person has known respiratory issues	
The person has known cardiac disease, including hypertension	
The person has immunocompromising conditions (ex: HIV, cancer, Post-Transplant, Prednisone treatment, etc.)	
The person has a renal disease	
The person has any other underlying health problems	

<b>Home Related Risks</b>	<b>Check if Present</b>
Risks to others who live with the person (family, caregivers, roommates)	
People with Diabetes	
People with Obesity	
People over 65 years old	

People with respiratory issues	
People who have known cardiac disease (including hypertension)	
People who have any immunocompromising conditions (ex: HIV, cancer, post-transplant, prednisone treatment, etc.)	
People with renal disease	
People with any other underlying health problems	

<b>Benefits to Person</b>	<b>Check if Present</b>
Socialization is important to the person	
Lack of socialization has known serious risks to known mental health conditions.	
A sense of normalcy/routine is important to the person	
Lack of routine has known serious risks to know mental health conditions	
Daily activity outside the home is likely to reduce the frequency of behavioral issues	
Income	
Parents are employed, and supervision is needed	
No other supervision is available	
Needs the medical support of ADS/VH. (i.e., med admin, medical check-in)	
If not in a structured program, the person may be wandering in the community or engaging in risky, non-social distancing activities	
Other Benefit:	

**Other Considerations:** \_\_\_\_\_

If the circumstances are too high risk for any particular out of home activity, the team should evaluate what alternative services or activities are available, including virtual or other in-home services, and re-evaluate the situation routinely.

Discuss with a healthcare professional to determine if there any potential mitigation of risks if a person has had COVID-19 and recovered.

Completed By: \_\_\_\_\_

Date: \_\_\_\_\_