

WHAT'S A SPARK BOX™?



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SPARK BOX™

Individual Arts Activity Toolkits

Contents:

- 16 page activity instruction booklet
- Washable markers
- Multi-media journal
- Egg shaker
- Pencil
- Washable watercolors
- Leaf stencil
- Colorable box



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SPARK BOX™ HISTORY



Seed money from Changing Aging

Dr. Bill Thomas took them on tour with him

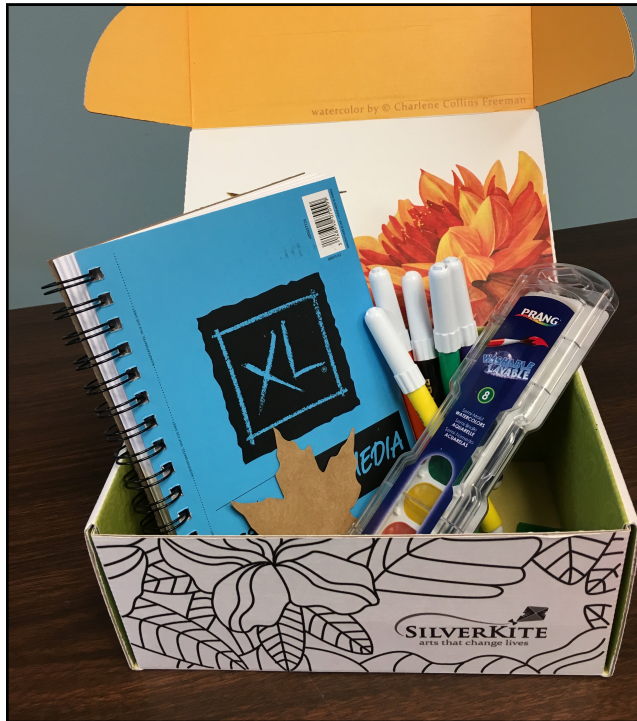
All activities were designed by teaching artists in their discipline and piloted

Over 20,000 SPARK Boxes™ have been distributed to date through CMP grants in Washington State

Applying for funding in New Mexico, California, Oregon

Colorado grant will start in March 2022

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HOW ARE THEY USED IN SENIOR LIVING COMMUNITIES?

1:1 toolkit for caregivers

Gift to new residents

Activities during quarantine – individually

Group activities

Family / intergenerational programs

100% of staff surveyed said they were easy to use

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IMPACT OF SPARK BOXES

- “There were so many smiles when given the box and when opened they had a face of surprise and excitement at all the items. It made such a difference to them at this time.” – Puyallup Nursing
- “It was just a Godsend to have these boxes to give to folks when they first admitted to us, because they are quarantined for 14 days. You certainly gave a lot of people joy and we thank you sincerely!” – Columbia Lutheran
- Residents seem to like the boxes - 74% (first), 73% (second), 100% (third)
- The residents smile and laugh when interacting with the boxes - 55% (first), 64% (second), 67% (third)
- The residents moods and energy levels have benefitted from interacting with the boxes - 36% (first), 27% (second), 33% (third)
- The residents moods have benefitted by interacting with the boxes - 36% (first), 27% (second), 33% (third)
- The residents energy levels have benefitted from engaging with the box - 18% (first), 9% (second), no response (third)
- The box didn't seem to change the residents' moods or energy levels - 18% (first), 9% (second), no response (third)

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SPARK BOX WALK THROUGH

Supplies & Activities

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