

How To Involve Others In Helping With Activity Programs

Getting the Most Bang for the Buck!

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Who Can Help?

- ▶ Staff
- ▶ Volunteers
- ▶ Residents
- ▶ Family Members
- ▶ Community Businesses
- ▶ Local Schools/Classes
- ▶ Church Groups
- ▶ 4 H Groups

All of these groups, and more, are willing to help with activities or implement an activity.

- ▶ You just have to ask!

There's no point in beating around the bush when it comes to asking for help.

An easy way to identify people who can help you is to talk about your needs and what you need, in order to achieve them.

Let people know what you are looking for, and what they might be able to do to help out.

If you want someone's help, ask for it.

Be sure to tell them exactly what you need and why you want their help.

Let them know how it will be helpful and important to your residents and patients.

Flattery can go a long way.

When asking for help,
be sure to mention
that you want to
return the favor.



If someone can help
you, there is
probably a way you
can help them.



And it's possible that
they are too shy or
fearful to ask for
your help.



Do yourself and them
a favor and offer to
help them.



We all accomplish
more when we work
together.

If you are comfortable reaching out to people, ask them for help.

Be sure to send them a thank-you present or gift afterwards.

It does not need to be expensive.

A simple thank you card works wonders!

If you need a connection or introduction to someone that may be able to help, ask for it.

When you ask someone for help that takes them away from what they are doing,

send them something to say thanks.

You don't need to send flowers or chocolate every time, but it helps!

Thank you's and recognition go a long way!

Make sure to express your gratitude in group situations and publicly.

This helps others recognize teamwork.

And it let's them know that you are willing to accept all kinds of help!

If you've been trying everything you can to get the help you need, and it's not working, it's time to try a different approach.

Find someone to work with who can be your idea champion and enlist them to spread the word about what you are doing or trying to do.

You don't always have to ask directly for help every time you need something.

You might put the word out by using the social media platforms you use the most, to see if anyone is interested.

You might send an email to your contacts and ask for help in that manner.

You might even reach out to area schools, churches, and newspapers to include a brief notice that you are looking for volunteers to fulfill different roles.

You might even invite others for a cup of coffee to brainstorm different ideas.

Different approaches yield different results.

Work outside the box and never give up.



Regardless of how you decide to ask for the help you need, make sure you are honest and open about what you are looking for.



In addition, make sure you are paying attention to the person as you ask them.



If your phone rings during the conversation, don't answer it, show respect and that you are listening.



Give the person the attention and dedication you would want them to provide when giving you the help you are asking for.



Listen to everyone. You never know what someone will say that may benefit you in the future.



Figure out who those people will be for you and start there the next time you need help with an activity.



Remember
that everyone
has hidden
talents.

Your job is to
find out what
those talents
are!

And utilize
them
appropriately.

Any
Questions?

